



# AFRICAN HERITAGE DAY

WE ARE CELEBRATING AFRICAN HERITAGE DAY THIS MONTH THROUGH FOOD, SHOWCASING THE DIVERSE CULTURES WITHIN FREMAN.

AVAILABLE THURSDAY 7<sup>TH</sup> MAY

MAIN MEAL OPTION

**CHICKEN JOLLOF RICE**

SERVED WITH SPICED YOGHURT, FALAFEL & FLATBREAD

GRAB AND GO OPTION

**AFRICAN SPICED CHICKEN WINGS**

SERVED WITH CHIPS

All other food options will also be available e.g. Jacket Potatoes, Pasta Option and Salad Bar.